

At Mercy Medical Center, we're committed to helping you take charge of your breast health. Whether you need to schedule your annual mammogram, require diagnostic breast procedures, or have special breast health needs, the Breast Care Center at Mercy offers you quality, compassionate care in a comfortable, private environment.

SCREENING MAMMOGRAPHY LOCATIONS

MERCY MEDICAL CENTER
1320 Mercy Drive NW, Canton, OH 44708
Monday – Saturday

MERCY HEALTH CENTER OF JACKSON/MASSILLON
7452 Fulton Drive NW, Massillon, OH 44646
Monday – Thursday, Saturday

MERCY HEALTH CENTER OF NORTH CANTON
6200 Whipple Avenue NW, North Canton, OH 44720
Tuesday – Saturday

MERCY HEALTH CENTER OF LOUISVILLE
1302 West Main Street, Louisville, OH 44641
Monday – Wednesday, Friday

MERCY HEALTH CENTER OF CARROLL COUNTY
125 Canton Road, Carrollton, OH 44615
Tuesday, Thursday

Diagnostic mammograms must be scheduled at Mercy Medical Center's main campus, Monday through Friday, 8 a.m. - 5 p.m.

For a screening or diagnostic mammogram appointment, call The Breast Care Center at (330) 489-1493.

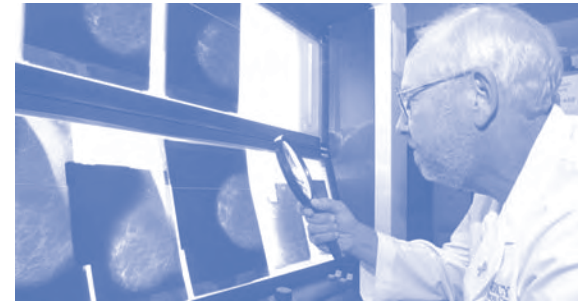


1320 Mercy Dr. N.W., Canton, OH 44708 • www.CantonMercy.com

MERCY BREAST CARE CENTER

> ONE PURPOSE: FIGHT CANCER. <

MERCY BREAST CARE CENTER



Medical experts recognize mammograms are an essential part of safeguarding the health of women over 40. The American Cancer Society (ACS) reports 18% of all breast cancers occur in women ages 40 to 49. Yet studies show mammography has reduced breast cancer-related deaths by 36-44% among women in their forties. Considered the most accurate method of detecting early-stage breast cancer, mammograms help save lives.

If you are over 40 and have never had a mammogram – or a recent mammogram revealed the need for further breast evaluation – you may be unsure of your next step.

At Mercy our desire is to set you at ease about mammography and related diagnostic procedures. The Breast Care Center at our main campus takes a personal, confidential approach with each patient, providing not only medical services, but also a variety of programs for special breast health needs and individual case management when necessary.

SCREENING MAMMOGRAPHY

Women over 40 without breast complaints should undergo an annual x-ray examination of the breast, also known as a screening mammogram. Used as a preventive tool, the goal of screening mammography is to find cancer too small to be felt by you or your doctor.

Each of the five Mercy mammography sites offers private rooms and a female staff of certified technologists. Our state-of-the-art mammography equipment delivers low-dose x-ray radiation, and all units have been accredited by

the American College of Radiology.

Select locations provide early morning and Saturday appointments. All mammograms should be scheduled after receiving your doctor's referral.

During a screening mammogram, you are required to undress above the waist and put on the provided wrap. A technologist then positions your breasts for the mammogram. The procedure takes approximately 20 minutes and includes a few seconds of breast compression. You will receive your mammogram results within 30 days.

If anything requires further evaluation, you will be contacted within five working days.

AN ABNORMAL MAMMOGRAM



Sometimes a screening mammogram may reveal a breast abnormality that requires additional assessment using an appropriate diagnostic procedure. At Mercy, the Breast Care Center Nurse Coordinator will provide you with support and information,



The American Cancer Society guidelines for the detection of breast cancer in women without symptoms are:

Women 40 and older should have a mammogram every year.

Women 40 and older should have a physical breast examination every year, performed by a health care professional such as a physician, physician assistant, nurse or nurse practitioner. This exam should take place near – and preferably before – the annual mammogram.

Women ages 20-39 should have a physical breast examination every three years performed by a health care professional.

Women 20 and older should perform breast self-examinations every month.

answer any questions you or your family may have, and act as a liaison between you, referring physicians, and – if necessary – surgeons and medical oncologists. The Nurse Coordinator also stays with you during all procedures at the Breast Care Center and maintains contact with you throughout any subsequent treatment.



To contact the Nurse Coordinator, call Diane Wofsey, RN, Certified Breast Health Specialist (330) 580-4727.

DIAGNOSTIC PROCEDURES

Current medical technology now makes it possible to diagnose breast cancer without surgery. In addition to screening mammography, The Breast Care Center offers a full range of mammography and other minimally invasive biopsy procedures, including:



Diagnostic Mammogram – More detailed than a screening mammogram, a diagnostic mammogram is an x-ray of the breast used when a woman has a breast complaint (breast mass, nipple discharge, etc.) or an abnormality is found during a screening mammogram.

Breast Ultrasound – Used to help identify breast cysts and other abnormalities, an ultrasound may be utilized alone or in conjunction with mammography. The ultrasound is a particularly useful test for women under 30 or women with dense breast tissue.

Breast Biopsy – Being told you need a breast biopsy can be a frightening experience. **However, the majority of breast biopsies do not reveal cancer.** Using equipment specifically designed for breasts, the biopsy takes about an hour to perform, costs less than surgical biopsy, does not require anesthesia and does not leave scars.

Breast MRI and Breast MRI Needle Localization – Mercy was the first Stark County hospital to offer Breast MRI and Breast MRI Needle Localization. The Breast MRI – which employs magnetization and radio waves instead of x-rays to produce detailed images – may be used in addition to other diagnostic procedures.

The Breast Center also provides ductograms, stereotactic breast biopsies, needle localizations and breast ultrasound-guided biopsy.

SUPPORT SERVICES

The Breast Care Center also offers a variety of programs focused on special breast health needs of women, including breast cancer prevention, education, and support services.



For more information, contact Dianna Ellison, RN, OCN, at (330) 430-2777.



ANGEL NETWORK

Although African American women are less likely to develop breast cancer than other races, statistics show their mortality rate is higher. To address this concern, Mercy Cancer Center adopted a local chapter of the African American Women Nurturing and Giving Each Other Life (ANGEL) Network. Supporting African American women that want to take charge of their breast health, Mercy's ANGEL Network – funded in part by a grant from the Northeast Ohio Affiliate of the Susan G. Komen Breast Cancer Foundation – promotes early-detection programs, access to screenings and breast health education.

MERCY BOUTIQUE

When a serious illness affects a person's physical strength and appearance, self-esteem and emotional well-being are often undermined. The Mercy Boutique was created to be a sanctuary of hope and healing for cancer survivors and individuals with other medical conditions. Featuring custom breast prostheses, mastectomy forms, specialty bras and lymphedema products from Margret's Mastectomy Shoppe, the full-service Mercy Boutique also offers wigs, swim forms, scar reduction sheets and many other beauty-enhancing items.



CLINICAL STUDIES

The Mercy Breast Care Center currently participates in several national clinical trial organizations including National Adjuvant Breast and Bowel Project (NSABP), Eastern Cooperative Oncology Group (ECOG) and Clinical Trial Support Unit (CTSU). Each of these groups offers a number of trials specific to breast cancer. Clinical trials are research studies that answer specific questions about new ways to improve cancer care and/or to assess the safety and efficacy of new approaches to prevent, detect, diagnose and treat cancer. Often enrollment in a clinical trial can provide access to newer drugs that might not otherwise be available. Other clinical trials utilize currently available drugs in different regimes that appear more promising than standard therapy.



For more information about available breast cancer trials, contact Cindy Ertle, RN, OCN at (330) 489-1274.